

# ShawContract®

## Education Reflections: Wellness in Education

IDCEC Course# CC-123339 Designation- HSW

AIA Course# ERWE01 Designation- HSW

### Course Credits:

1.0 CEU / 1 LU

### Course Description:

This course explores how school environments impact students' emotional, mental, and social well-being, focusing on creating spaces that support holistic wellness. Designers will discuss how to cultivate a sense of belonging, respond to behaviors as communication, and support Social and Emotional Learning (SEL) through thoughtful design. Topics include balancing safety with a welcoming atmosphere, incorporating sensory considerations, and fostering inclusivity. Participants will engage in interactive discussions and activities, exploring how design can positively affect students' sense of connection, engagement, and overall well-being, while promoting a healthy, supportive learning environment for all.

### Course Objectives:

1. Explore how the design of educational spaces can foster a sense of belonging and motivation for diverse student populations.
2. Engage in discussions about how to recognize and respond to behaviors in educational spaces that may be signs of underlying emotional or sensory needs, especially for neurodiverse students.
3. Discuss how the design of educational spaces can support Social and Emotional Learning (SEL) by creating environments that promote emotional security and well-being.
4. Discuss how to balance safety and security with creating a welcoming and nurturing learning environment.